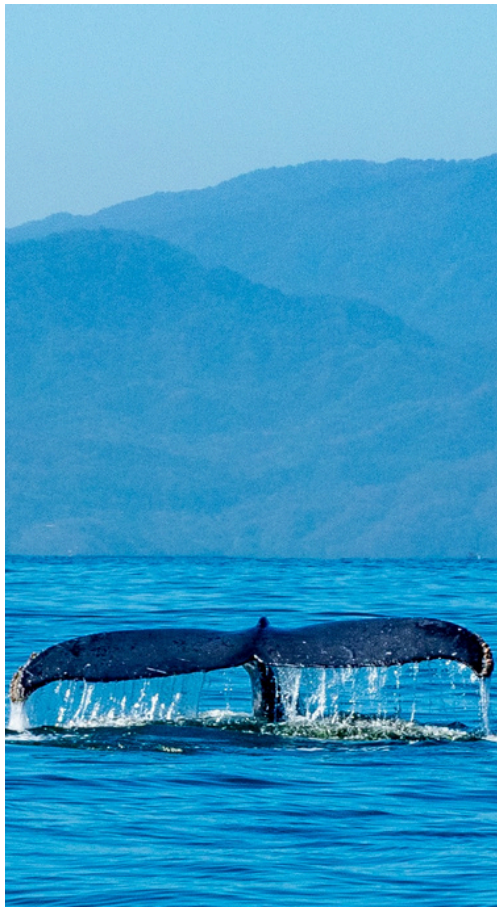
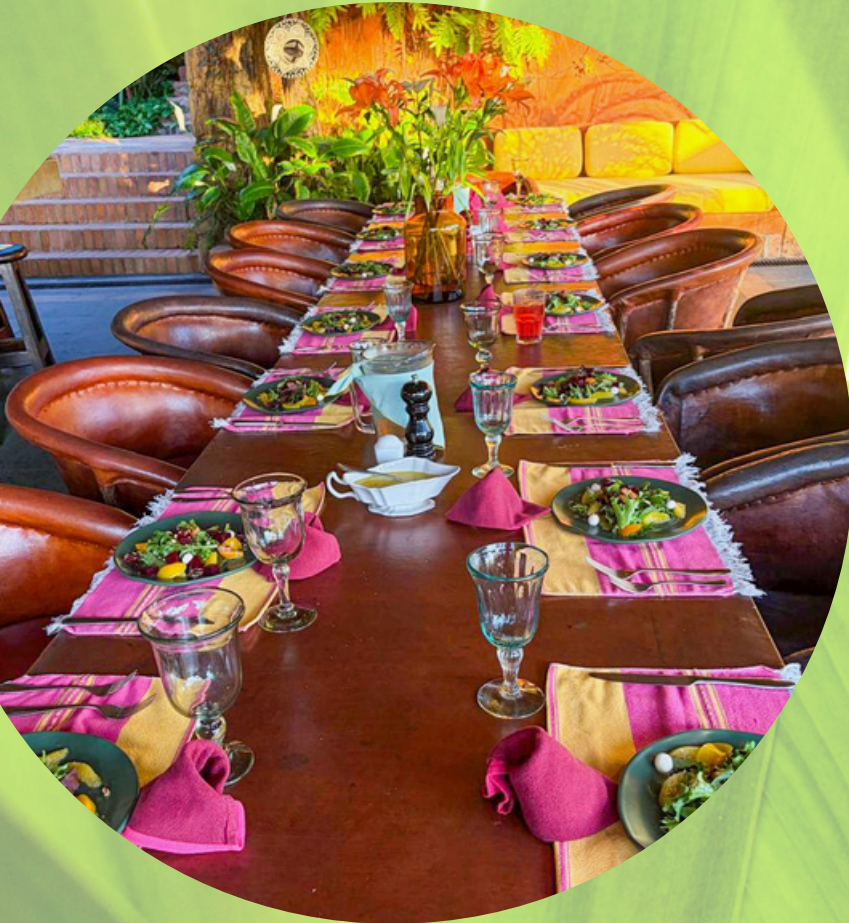




AN INVITATION FOR YOU



Renewal Ladies Retreats



**There is a place for you at our table.
Come join us!**

RELAX on the patio as you watch the sunset each evening over beautiful Banderas Bay. **RECHARGE** by taking time to pamper yourself with a massage, a dip in the pool, or a morning walk on the beach.

REJUVENATE in the company of wonderful women, lifting each other up through laughter, conversation and maybe a margarita or two.

Our 5 night retreat experience will unfold in an exotic tropical villa located just steps from one of the prettiest beaches in the area: Playa Conchas Chinas. Casa Septiembre's hacienda-style architecture features stunning ocean views, colourful Mexican artwork, a spacious outdoor dining area, and pool.

**Puerto Vallarta
February 23-28, 2027**

IMPORTANT DETAILS

PRICE: \$2,950 CAD | \$2,160 USD | DOUBLE OCCUPANCY

What's included:

- **5 nights in a fully staffed beachfront villa, all food and beverages including two meals per day prepared by the villa staff and additional lunch/snacks outside the villa**
- **optional massage; optional morning gentle yoga; all transportation; walking tour of the Malecon, shopping boutiques and local market; boat excursion to search for whales in the bay; authentic Mexican cooking class; live music & barbeque on the river; beach & pool time**

What's NOT included: flights, tips for villa staff, spending money for treasures to bring home



PLEASE INQUIRE FOR PRICING ON SINGLE OCCUPANCY

NEXT STEPS



**Please share this information
with the lovely ladies in your life**

- 1) Invite your favourite gal pals, mom, sister, or daughter to join you on this adventure. Or come solo...we have a queen size suite ready for you!**
- 2) Message me on Instagram, Facebook or Email: drcarolyncameron@gmail.com to add your name to the guest list. If there's space, I will confirm and request that you email transfer a 50% deposit (65% refundable if cancelled 90 days before arrival). The remaining 50% payment is due 90 days before the retreat.**
- 3) Request a suite: king size or twin or queen; one of our suites has 2 queen beds for more than 2 guests!**

What the ladies are saying....

"What a beautiful week in paradise. Absolutely loved every second! Thank you thank you thank you for all of your hard work, heart & soul that you put into making this retreat the dream that it was...so awesome to meet all of these beauty souls!"

-Sandy



"This was a first class, top notch experience! No detail was overlooked...the opportunity to meet all these amazing women in such an environment is priceless!"

-Jody



"What a wonderful gathering of incredible women! Everyone brought something special to our experience. And each day brought another adventure better than the last. Thank you Carolyn and everyone who helped her to organize this retreat. And to the staff at the villa who treated us all so special. They definitely went all out!!"

-Patti



"I want to thank you for all that you did to make this an absolutely amazing experience. This was an amazing group of women and this week reminded me of the power and strength we all have both individually & collectively! This was one of the most joyful weeks of my life. Truly!"

-Starla



MY STORY

I am a wife, mother, grandmother, educator, author, and leadership consultant who has spent my life helping others grow and lead with purpose. Today, I joyfully work with my newest favourite group of humans: amazing women.

Living in Puerto Vallarta inspired a dream—to create a space where women can step away from the noise of everyday life, reconnect with themselves, and experience the beauty and magic of Mexican culture.

That dream is now a reality. I am deeply grateful to call Puerto Vallarta home and honoured to share this special place with women who are ready to reconnect, recharge, and rediscover their joy.

-Carolyn Cameron



RENEWAL

LADIES RETREATS

RETURN TO JOY